

Pumpkin Soup

Ingredients:

Half a Kent Pumpkin

2 Potatoes

1 – 2 Onion (dependant on size to taste)

Wash chop and chuck into 3 litre with 2 tablespoons of water as usual.

Turn hotplate to 4/10

Bring to Green/Whistle and simmer for 10 min.

Blend and serve (you can add a little water to thin)

Swirl sour cream and cracked black pepper for presentation